

P / p

The Popping Sound

Penguin, Popcorn, Map

How to make the /p/ sound:

- Bring both of your lips together to stop the airflow.
- Turning **off** your voice (voice is the rumbling in your vocal folds. Have your child/client place their hand on their/your neck during the production of /p/ and /b/, and have them feel the difference between the two. In the production of /p/, there should be no rumble or voicing. While in the production of /b/, there should be a rumbling or voicing.)
- Let the air that has been stuck inside your mouth out!
- Typically children will learn the /p/ sound before the /b/ sound because there is no voice required.

Tricks and Tips for producing the /p/ sound:

- Have the child pretend they are about to go underwater diving. Have them take a big breath in and then close their lips together. Once they have the airflow stopped and lips together, have them release the air out in an explosive manner.

- Tell the child that their mouth is a balloon. When you/they poke their cheeks, the balloon is going to pop and release the air!
- Have the child take a deep breath, and then have make a bunch of small bursts of air like they are trying to imitate a bag of popcorn in the microwave!
- To visually show the child how we explosively release air from our mouths to produce the /p/ sound, hold a piece of string in front of their mouths, and have them try to move the string with the release of air.
- If you have a board game that uses a spinner, have the child see if they can move the spinner using the explosions of air from their mouths.